

---

# *The Chanticleer*

## *Monthly Newsletter of Barony Beyond the Mountain*

*December, 2018*

*AS 53*

### *A Message from Their Housatonic Excellencies*

This past Saturday, we had our Yule celebration with the Barony of Bergental. What a great day it was! We had tournaments, merchants, a silent auction, a court where many people received awards that were so well deserved and a feast that was so delicious. It was a wonderful celebration.

During this day, Angus Gove MacKinnon ran a tournament to determine his successor. For this tournament, we had two combatants. They were Damian Isolfsson and Svafnir Thorvaldson. They fought 5 rounds with mixed weapons forms. They both fought really well and with honor. When all was said and done, Svafnir was the winner with three wins to Damian's two. After that was done, they also each fought Baron Angus. We saw another fighter request fights from each of them when they were done with their bouts with Angus.

Il watched some of the fencing tournament before ours started. It looked like they were all having a lot of fun.

During our court, we righted a wrong that was overlooked at our Investiture by installing Gwilym of Flint as our Thrown Weapons Champion. We are very grateful for his understanding of our oversight and look forward to him standing with us as our Champion.

We also received the results of our tournament from Angus. Many congratulations to Svafnir on your win! Because she had a prior commitment, Angus offered to continue with us until the end of our court so we still had a champion with us.

We were greatly honored by Baron Dorian swearing fealty to us. We are so thankful for his support and guidance. We were also gifted with payment of the Agistment and Pannage that our predecessors so wisely gave their predecessors to keep them supplied in their retirement.

Continued on Page 4

---



## *Baronial Officers:*

**Baron & Baroness** - Baron Mark Red Hand, [baron@bbm.eastkingdom.org](mailto:baron@bbm.eastkingdom.org), and Baroness Gwenllian ferch Llewellyn, [baroness@bbm.eastkingdom.org](mailto:baroness@bbm.eastkingdom.org)

**Seneschal** – Lady Sisuil Butler, [Seneschal@bbm.eastkingdom.org](mailto:Seneschal@bbm.eastkingdom.org)

**Deputy** - Mistress Elizabeth Vynehorn, [vynehorn@gmail.com](mailto:vynehorn@gmail.com), and Lady Leandra deLeon, [leandrasuz@aol.com](mailto:leandrasuz@aol.com)

**Chatelaine** – Baroness Aurelia di Stellari, [chatelaine@bbm.eastkingdom.org](mailto:chatelaine@bbm.eastkingdom.org)

**Deputy** – Sybill Teller, [mpeckham83@gmail.com](mailto:mpeckham83@gmail.com)

**Chronicler** – Lady Johanna de Glastingburi, [chronicler@bbm.eastkingdom.com](mailto:chronicler@bbm.eastkingdom.com)

**Deputy** – Mistress Eloise of Coulter, [krisbenysek@att.net](mailto:krisbenysek@att.net).

**Company Captain of Archers** – Rumhann MacDuibhsithe an Bhlog Seolta, [archercap@bbm.eastkingdom.org](mailto:archercap@bbm.eastkingdom.org)

**Exchequer** – Lady Ciara McRobbie, [exchequer@bbm.eastkingdom.org](mailto:exchequer@bbm.eastkingdom.org)

**Deputy** - Lord Gwilym of Fflint, [willied0296@yahoo.com](mailto:willied0296@yahoo.com)

**Herald** – Mistress Camma an Daraich, [herald@bbm.eastkingdom.org](mailto:herald@bbm.eastkingdom.org)

**Knight Marshall** – Lord Angus Gove MacKinnon, [knightmarshal@bbm.eastkingdom.org](mailto:knightmarshal@bbm.eastkingdom.org)

**Marshal of Fence** – Vacant

**Marshal of Thrown Weapons** – Vacant

**Mistress of Arts & Science** – Becky, [moas@bbm.eastkingdom.org](mailto:moas@bbm.eastkingdom.org)

**Minister of the List** – Cordelia MacDougall, [mol@bbm.eastkingdom.org](mailto:mol@bbm.eastkingdom.org)

**Web Minister** – Lady Sisuil Butler, [webminister@bbm.eastkingdom.org](mailto:webminister@bbm.eastkingdom.org)

**Youth Marshal** - Vacant

---

## Combat Arts

**NOTE: Practices are subject to change without notice. Please call ahead.**

### Archery

**CT: BBM** - Tuesdays – 5:30 p.m. Burlington, CT - Dorigen & Eloise's at 17 Bittersweet Lane, Burlington, CT. Contact Dorigen at 860-673-2240.

**CT: Dragonship Haven:** Sundays 12-3 pm (in season, weather permitting) Oxford, CT. DragonshipHaven@yahoogroups.com

### Fencing

**Thursdays**, 7:30-10:00 p.m., Keefe Community Center, 11 Pine Street, Hamden, CT (hosted by Barony of Dragonship Haven). Contact the Fencing Marshal (Christophel) @fence@dragonshiphaven.eastkingdom.org.

### Heavy-List Fighting

**Wednesdays**, 7 pm, Barony of Bergental at Bethesda Lutheran Church, 455 Island Pond Rd., Springfield, MA. Contact Knight Marshall of Barony of Bergental for more information.

**Thursdays**, 8-10 p.m., Keefe Community Center, 11 Pine Street, Hamden, CT, hosted by Barony of Dragonship Haven). Contact the marshal at heavy@dragonshiphaven.eastkingdom.org.

### Thrown Weapons Practice

**1st & 3rd Sunday**, 64 Orchard St, Vernon, CT. Contact sisuile@gmail.com for times.

## Baronial Champions:

**Archery Champion:** Baron Dorigen of Lewes

**Fencing Champion:** Sir Arnwult Aethelreding

**Heavy Weapons Champion:** Svafnir Thorvaldson

**Thrown Weapons Champion:** Lord Gwilym of Fflint

## Baronial Meeting:

Monday, December 17, 2018, 7-9:00 p.m. at Jo-Ann's, 3105 Berlin Turnpike, Newington, CT, in the 2<sup>nd</sup> floor classroom.

## Arts & Science

### Middle-Eastern Dance

Sundays, 1-4 p.m., Authur Murray Dance Studio, Glen Lochen Marketplace, 39 New London Turnpike, Glastonbury, CT. Contact Mistress Su'ad (Nancy Barrett) at 860-228-6933 (before 10 p.m.); nancysuad@gmail.com.

### Dance

First Tuesday of month – 8:30-10:30 pm - Camelot Co-Housing 46 Sawyer Hill Rd. Berlin, MA (Quintavia)

### Sewing

Sewing & Throwing is the 3rd Sunday, bring your string-based projects, hang out, throw sharp objects at wood. 64 Orchard St, Vernon, CT. Contact sisuile@gmail.com for times.

---

## A Message from Their Housatonic Excellencies

Continued from Page 1

As our last bit of business, we had some fun with a few people who live within our borders but are playing active roles in the Barony of Bergental as officers or champions. We had a discussion with His Excellency Johannes about how we could come to an agreement and payment for their service to our neighboring Barony. With that, we called into court Eithne, Thoromir, Thrainn and Michat. We asked for services of retaining and a promise to try for our championships. Baron Johannes further volunteered items of known specialties from each of these people. This went so well! I know we all had fun with it. If you haven't met any of these four people yet, please look for them. They are truly wonderful!

In Royal court, we had three deserving people receive well-earned awards. Thrainn Steinsson was called in to receive the Order of the Silver Mantle for his prowess with Thrown Weapons. Matteo Genovese was called in to receive the Order of the Golden Mantle, also for his work in the Thrown Weapons community. Last but not least, Angus Gove MacKinnon was called in to be welcomed into the Order of the Tyger's Combatant. We are incredibly happy to see all three of these people recognized for their hard work.

Thank you to everyone who helped in making this event a success. We had a great time and hope all that went did too! If you couldn't make it this year, we hope to see you next year when is returns to our barony.

*Baron Mark and Baroness Gwendlian*



<http://www.archaeology.org/news/>

**11/27/18 - Woman's Medieval Seal Stamp Found in Denmark** - COPENHAGEN, DENMARK—*The Local* reports that a rare medieval seal stamp found in Denmark's western Jutland belonged to Elisabeth Buggesdatter, who is known to historians through written sources for speaking at political gatherings attended mostly by men. Buggesdatter's father, Niels Bugge, was an extremely wealthy man who led a revolt against King Valdemar IV Atterdag and was killed in 1358. Seal stamps were usually destroyed upon the death of the owner, so archaeologists aren't sure how the artifact ended up in a farmer's field, on land without any known connections to Buggesdatter. For more on medieval Denmark, go to "Secrets of Life in the Soil." <https://www.thelocal.dk/20181127/relic-found-in-denmark-belonged-to-influential-14th-century-woman>

**11/27/18 - Anglo-Saxon Cemetery Excavated in England** - LINCOLNSHIRE, ENGLAND—

According to a report in *The Guardian*, an Anglo-Saxon cemetery dating from the late fifth to mid-sixth centuries A.D. and containing at least 20 graves has been discovered in England's East Midlands. The men in the cemetery were buried with shields and spears, as would be expected. The women, however, were interred with elaborate brooches to fasten their clothing and necklaces made of amber, glass, and rock crystal beads. The only remains of children recovered during the excavation were of a baby cradled in a woman's left arm. Hugh Willmott of the University of Sheffield said the skeletons and artifacts in the cemetery hint at the movement of goods and people during the Anglo-Saxon period. Some of the women carried fabric bags held open with rings made of elephant ivory from sub-Saharan Africa. Silver buckles and rings recovered from the graves, he added, resembled those associated with other Germanic communities to the south, and isotopic analysis of the bones of one of the women suggests she grew up in the chalk hills along England's southeastern coast. To read in-depth about the Anglo-Saxon kingdom of Northumbria, go to "Letter from England: Stronghold of the Kings in the North." <https://www.theguardian.com/science/2018/nov/27/burial-sites-5th-6th-centuries-yield-female-treasures-lincolnshire>

---

---

**11/26/18 - Celtic Coins Unearthed in Slovakia** - NITRA, SLOVAKIA—*The Slovak Spectator* reports that some 40 Celtic coins were found scattered on a steep slope in northern Slovakia. Karol Pieta of the Archaeological Institute of the Slovak Academy of Sciences said the coins were probably wrapped in cloth made from organic material and buried during a battle some 2,000 years ago, but erosion later caused the bundle to break apart. The silver coins include several tetradrachms, the highest-value coin minted by the Celts in this period, which were worth four drachms each. The silver used to produce the coins probably came from a mine in the nearby Carpathian Mountains, Pieta explained. Gold, silver, and iron from the region were key to the Celts' economic success, he added. To read about a gargantuan Celtic coin hoard found on the British Channel island of Jersey, go to "Ka-Ching!" <https://spectator.sme.sk/c/20962892/archaeologists-found-treasure-of-silver-celtic-coins.html>

**11/26/18 - Butchered Bones Offer Clues to Diet in Medieval Scotland** - PERTH, SCOTLAND—*The Courier* reports that butchered bones of medieval cows, sheep, horses, and a cat were unearthed during construction work at the site of a historic theater in central Scotland's city of Perth. Pottery and clothing shears were also recovered. The back of the theater faced a strip of land where merchants engaged in manufacturing, grew food, and kept animals. Archaeologist Catherine Smith of Alder Archaeology said cats were often kept in the medieval market place and were usually skinned for their pelts, which were used to line clothing and collars. This cat may have been fed to dogs, or eaten by people experiencing hardship, she added. For more on archaeology in Scotland, go to "A Dangerous Island." <https://www.thecourier.co.uk/fp/news/local/perth-kinross/772070/cat-burghers-medieval-residents-of-perth-forced-into-desperate-diets/>

**11/21/18 - Celtic Chariot Burial Uncovered in Wales** - PEMBROKESHIRE, WALES—The first known Celtic chariot burial in Wales has been discovered in a Pembrokeshire field, according to a report from the *Tivy-Side Advertiser*. Beginning in February, metal detectorist Mike Smith unearthed a number of pieces of Iron Age Celtic metalwork, including part of a horse harness, bronze bridle fittings, and a brooch. Although the items were corroded, they were decorated with bright red enamel that remains vivid despite the passage of time. Smith informed the National Museum of Wales of his find, and an excavation was launched in June. Archaeologists uncovered two rusted iron

chariot wheels, which established that the site held a Celtic chariot burial. Chariot burials have been found across Europe, but in the United Kingdom they have generally been concentrated in northeast England. The discovery of this one in Wales links the area to a widespread ancient culture with shared funerary rites. The burial appears to be connected with a broader settlement site, which will be explored further in the coming years. For more, go to "Tomb of a Highborn Celt." [https://www.tivysideadvertiser.co.uk/news/pembrokeshire\\_news/17235386.the-first-ever-celtic-chariot-burial-in-wales-has-been-found-in-a-pembrokeshire-field/](https://www.tivysideadvertiser.co.uk/news/pembrokeshire_news/17235386.the-first-ever-celtic-chariot-burial-in-wales-has-been-found-in-a-pembrokeshire-field/)

**11/20/18 - Solid Gold Christian Reliquary Discovered in Bulgaria** - SOFIA, BULGARIA—*Archaeology in Bulgaria* reports that a solid gold Christian reliquary purported to contain particles of the cross on which Jesus Christ was crucified has been uncovered in a medieval church in Trapeitsa Fortress. The church is the twenty-third discovered to date within the fortress, which is located in north-central Bulgaria and dates to the thirteenth century—the pinnacle of the Second Bulgarian Empire. The cross-shaped reliquary dates to the late twelfth century, and measures about four inches long and two inches wide. It was found by a team led by Konstantin Totev of Bulgaria's National Institute and Museum of Archaeology behind the church's altar in a small chamber made of mortar, and is thought to have been placed there as a holy relic when the church was consecrated. The top of the altar itself was adorned with images of three crosses and inscriptions reading "Tsar of Glory," "Christ," and "Christ Wins" in Old Bulgarian. Two additional crosses were also recovered from under the floor of the church. One is thought to have been used in processions, and the phrase "Jesus Christ Wins" was inscribed on the other. To read about another discovery in Bulgaria, go to "Thracian Treasure Chest." <http://archaeologyinbulgaria.com/2018/11/14/world-first-medieval-gold-cross-reliquary-with-holy-cross-particle-discovered-in-trapeitsa-fortress-in-bulgarias-veliko-tarnovo/>

**11/9/18 - Traces of Twelfth-Century House Found in Scotland** - EDINBURGH, SCOTLAND—City archaeologist John Lawson says he and his team have uncovered a dwelling site situated along the medieval town wall that could date to before the town of Edinburgh was founded by King David I in the mid-twelfth century, according to *The Edinburgh Reporter*. "We suspect that because it's cut through by a large ditch which dates to the late twelfth

---

---

century or early thirteenth century,” he explained. The ditch may have even been a boundary for the early town. The estimated date of the house is based upon the style of pottery found in the ditch, but Lawson plans to obtain radiocarbon dates for the site, and tree-ring dating from the timber in the house’s postholes. The presence of the house indicates there was a bigger settlement in the area in the early twelfth century than had been previously thought. To read about a hoard of medieval silver items discovered in Scotland, go to “Lost and Found (Again).” <https://www.theedinburghreporter.co.uk/2018/11/archaeologists-believe-this-is-where-edinburgh-began/>

**11/5/18 - Large-Scale Tar Production May Have Fueled Viking Expansion** - UPPSALA, SWEDEN—Industrial-scale production of tar in the eighth-century A.D. allowed the Vikings to waterproof large numbers of ships and raid other parts of Europe, according to a report in *The Guardian*. Andreas Henniuss of Uppsala University says that pits uncovered during a road construction project and dated to between A.D. 680 and 900 were not used for making charcoal, as had been previously thought, but instead for tar manufacture. The pits, discovered near pine forests, were filled with pine wood, covered with turf, and set on fire. Each production cycle could have resulted in about 80 gallons of tar, Henniuss said. Smaller tar kilns dating to between A.D. 100 and 400 have also been found. For more, go to “The First Vikings.” <https://www.theguardian.com/science/2018/nov/04/viking-longboat-industrial-tar-pits-dominance-seas>

**11/2/18 - Medieval Castle Site Studied in Poland** - ŻELECHÓW, POLAND—*Science in Poland* reports that researchers have investigated the site of a late medieval castle in eastern Poland using lidar and other non-invasive scanning methods. “We knew that the castle existed, although information about its location, size, and construction was not preserved anywhere,” said Wojciech Bis of the Polish Academy of Sciences. Most of the written sources concerning the castle, which belonged to the noble Ciołek family, were destroyed during World War II, he explained. The researchers had expected to find traces of a massive stone structure, so they were surprised when testing revealed an oak and earth rampart reinforced with stone and surrounded by a moat. High groundwater levels preserved much of the wood, dated to about 1466, including door seats, beams from the external walls, and boards from the

internal walls. A massive stone foundation at the site may have supported a brick mansion for the Ciołek family to live in, Bis added. And, decorative stone tiles from several furnaces have been uncovered in the living quarters. Traces of fires and a cannonball dating to around the time the site was abandoned in the early sixteenth century have also been found. To read in-depth about a medieval Anglo-Saxon castle, go to “Letter from England: Stronghold of the Kings in the North.” <http://scienceinpoland.pap.pl/en/news/news%2C31509%2Cmazowieckie-medieval-castle-discovered-zelechow.html>

**11/1/18 - Decorations Revealed on Conserved Spanish Armor** - PENSACOLA, FLORIDA—*The Pensacola News Journal* reports that conservation of a Spanish breastplate that dates back at least 450 years has revealed decorative details on its surface. Recovered from the site of the Emanuel Point I shipwreck in 1996, the armor is thought to have been worn by a conquistador in Tristan de Luna’s army in 1559. At the time, the armor was probably about one-tenth to one-quarter of an inch thick. Now, after years underwater, the iron has been converted into iron sulfide measuring only about one-fiftieth of an inch thick. Concretions on its surface, however, measuring up to three inches thick preserved its shape. John Bratten of the University of West Florida said he poured epoxy into the back of the armor and left it to harden for several years to make a cast. Student James Gazaway has continued to clean and conserve the breastplate over the past year. “Right around the neckline there’s four parallel rows of lines about one millimeter apart,” he said. “Very precise, definitely inscribed, and part of the original decoration work on the piece.” To read in-depth about exploration of a shipwreck in the Gulf of Mexico, go to “All Hands on Deck.” <https://www.pnj.com/story/news/local/2018/10/31/uwf-archaeologists-make-new-emanuel-point-artifact-discoveries/1818306002/>



---

# Mon Amy

This custard has a striking resemblance to modern-day cheesecake, and is very good eaten with wafers and snowe.

2 cups cream  
4 cups milk  
2 Tbsps vinegar  
3 Tbsps honey  
3 Tbsps sugar  
5 Tbsps butter  
1/4 tsp salt  
Pinch saffron, ground  
2 egg yolks

Bring cream to a slow boil for a few minutes and then let cool. Make soft cheese with milk and vinegar. Strain whey from curds with a cheese cloth. Add cheese to cream and stir on heat until smooth. When cream/milk mixture begins to simmer add honey, sugar butter, and saffron ground in with salt. Allow to slowly boil and continue stirring until mixture reaches the approximate consistency of tapioca pudding. Remove from heat and add egg yolks. Continue to stir until cool (putting custard in a room temperature bowl over ice speeds this process up without causing a temperature shock).

Source [*A Noble Boke off Cookry*, R. Napier (ed.)]:  
*Mon amy. To mak mon amy, tak and boile cowscreme and when it is bolid set it asid and let it kele then tak cow cruddes and press out the whey, then bray them in a mortair and cast them in the potte to the creme and boile all to gedure put ther to sugur hony and may buttar colour it up with saffron and in the settinge doun put the yolks of egg, well bett and do away the streyne and let the potage be stonding then les(f)k it in dyshes and plant ther in floures of violettes and serue it.*

62 Movn Amy. Recipe creme of cow mylk & boyle it, ban take it of & kele it; ban take swete raw cruds & press oute he cruds of wey & bray ham, & cast ham in be same creme & boyle all togydere, and put berto sugur and saferon, buttur; ban take 3olkes of egges streded & betyn, & in be settinge downe cast in he 3olkes berto, & stire it, & lat bat potage be standyng; & dress it in .v. or .vj. lechys in a dysh and plant it with floure of violets, & serof it forth.

[The Middle English culinary recipes in MS Harley 5401: An edition and commentary, C. Heatt, *Medium Aevum* 65, 1996, 54-71.]

Source [*A Noble Boke off Cookry*, R. Napier (ed.)]:  
*To mak creme buile tak cow creme and yolks of eggs drawe and well bet that it be stonding and put ther to sugur and colour it with saffron and salt it then lesk it in dyshes and plant ther in floures of borage and serue it.*

With the gracious permission of Lady Avelyn Grene.

*This is the December 2018 issue of The Chanticleer, a publication of the Barony Beyond the Mountain of the Society for Creative Anachronism, Inc. (SCA, Inc.). The Chanticleer is available from Jane Brezzo, 146 Prospect Street, Glastonbury, CT 06033. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2011 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.*



---

Congratulations to the following  
gentles who received awards  
at Yule:

Thrainn Steinsson – Silver  
Mantle

Matteo Genovese – Golden  
Mantle

Angus Gove MacKinnon –  
Tyger's Combatant



---

Jane Brezzo  
146 Prospect Street  
Glastonbury, CT 06033

---