
The Chanticleer

Monthly Newsletter of Barony Beyond the Mountain

March, 2019

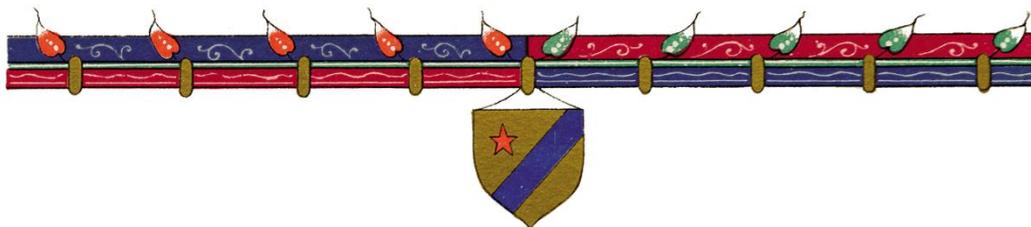
AS 53

Seneschal Position Deadline

If you are interested in becoming the next Seneschal,
you must put forth your name to the present Seneschal
and their Excellencies, the Baron and Baroness
by March 11, 2019.

The candidates will be announced at the March 18, 2019 meeting
at Joann's Fabric in Manchester, CT.

The vote to determine the next Seneschal
will be at the April meeting
Location to be determined.





Baronial Officers:

Baron & Baroness - Baron Mark Red Hand, baron@bbm.eastkingdom.org, and Baroness Gwenllian ferch Llewellyn, baroness@bbm.eastkingdom.org

Seneschal – Lady Sisuile Butler, Seneschal@bbm.eastkingdom.org

Deputy - Mistress Elizabeth Vynehorn, vynehorn@gmail.com, and Lady Leandra deLeon, leandrasuz@aol.com

Chatelaine – Baroness Aurelia di Stellari, chatelaine@bbm.eastkingdom.org

Deputy – Sybill Teller, mpeckham83@gmail.com

Chronicler – Lady Johanna de Glastingburi, chronicler@bbm.eastkingdom.com

Deputy – Mistress Eloise of Coulter, krisbenysek@att.net.

Company Captain of Archers – Rumhann MacDuibhsithe an Bhlog Seolta, archercap@bbm.eastkingdom.org

Exchequer – Lady Ciara McRobbie, exchequer@bbm.eastkingdom.org

Deputy - Lord Gwilym of Fflint, willied0296@yahoo.com

Herald – Mistress Camma an Daraich, herald@bbm.eastkingdom.org

Knight Marshall – Lord Angus Gove MacKinnon, knightmarshal@bbm.eastkingdom.org

Marshal of Fence – Vacant

Marshal of Thrown Weapons – Vacant

Mistress of Arts & Science – Becky, moas@bbm.eastkingdom.org

Minister of the List – Cordelia MacDougall, mol@bbm.eastkingdom.org

Web Minister – Lady Sisuile Butler, webminister@bbm.eastkingdom.org

Youth Marshal - Vacant

Combat Arts

NOTE: Practices are subject to change without notice. Please call ahead.

Archery

CT: BBM - Tuesdays – 5:30 p.m. (weather permitting) Burlington, CT - Dorigen & Eloise's at 17 Bittersweet Lane, Burlington, CT. Contact Dorigen at 860-673-2240.

CT: Dragonship Haven: Sundays 12-3 pm (in season, weather permitting) Oxford, CT. DragonshipHaven@yahoogroups.com

Fencing

Thursdays, 7:30-10:00 p.m., Keefe Community Center, 11 Pine Street, Hamden, CT (hosted by Barony of Dragonship Haven). Contact the Fencing Marshal (Christophel) @ fence@dragonshiphaven.eastkingdom.org.

Heavy-List Fighting

Wednesdays, 7 pm, Barony of Bergental at Bethesda Lutheran Church, 455 Island Pond Rd., Springfield, MA. Contact Knight Marshall of Barony of Bergental for more information.

Thursdays, 8-10 p.m., Keefe Community Center, 11 Pine Street, Hamden, CT, hosted by Barony of Dragonship Haven). Contact the marshal at heavy@dragonshiphaven.eastkingdom.org.

Thrown Weapons Practice

1st & 3rd Sunday, 64 Orchard St, Vernon, CT. Contact sisuile@gmail.com for times.

Baronial Champions:

Archery Champion: Baron Dorigen of Lewes

Fencing Champion: Sir Arnwult Aethelreding

Heavy Weapons Champion: Svafnir Thorvaldson

Thrown Weapons Champion: Lord Gwilym of Fflint

Baronial Meeting:

Monday, March 18, 2019, 7-9:00 p.m. at Jo-Ann's Fabrics, 1440 Pleasant Valley Road, Manchester, CT.

Arts & Science

Middle-Eastern Dance

Sundays, 1-4 p.m., Authur Murray Dance Studio, Glen Lochen Marketplace, 39 New London Turnpike, Glastonbury, CT. Contact Mistress Su'ad (Nancy Barrett) at 860-228-6933 (before 10 p.m.); nancysuad@gmail.com.

Dance

First Tuesday of month – 8:30-10:30 pm - Camelot Co-Housing 46 Sawyer Hill Rd. Berlin, MA (Quintavia)

Sewing

Sewing & Throwing is the 3rd Sunday, bring your string-based projects, hang out, throw sharp objects at wood. 64 Orchard St, Vernon, CT. Contact sisuile@gmail.com for times.

Archaeology News

<http://www.archaeology.org/news/>

2/21/19 - Scientists Revisit Woman Warrior's Remains - UPPSALA, SWEDEN—

Live Science reports that a new study conducted by Charlotte Hedenstierna-Jonson of Uppsala University and her colleagues reaffirms the conclusion that the remains of the person discovered in what is thought to be a Viking grave in east-central Sweden was a woman carrying XX chromosomes, rather than male XY chromosomes. The wood-lined tomb was discovered in the late nineteenth century at Birka, a medieval hill fort settlement, next to other graves containing weapons. The body was dressed in clothing typical of the Eurasian steppe, and was assumed to have belonged to a man because the artifacts in the tomb are usually associated with males. These include gaming pieces, the remains of a mare and a stallion, and weapons including a sheathed sword, an ax, a fighting knife, two spears, two shields, a quiver of armor-piercing arrows, and a small iron knife. The researchers reviewed the notes and diagrams made in the nineteenth century, during the original excavation, to be sure that the warrior's carefully labeled bones had not been mixed with bones from another burial, and tested DNA from an arm bone and a tooth, concluding they were female and came from the same person. She is thought to have died between the ages of 30 and 40. For more on Viking warriors, go to "The Viking Great Army." <https://www.livescience.com/64816-woman-viking-warrior-burial.html>

2/20/19 - Scientists Examine Stab Wounds in Medieval Skeleton from Sicily -

PALERMO, SICILY—A team of researchers has attempted to determine the cause of death for a man who was buried facedown in a shallow grave in central Sicily in the eleventh century, according to a *Live Science* report. Roberto Micciché of the University of Palermo and his colleagues examined the bones with CT scans and created 3-D reconstructions of the skeleton. They found six cuts on the man's sternum that were probably inflicted with a

knife or dagger through his back. A twisting motion with the weapon is thought to be responsible for a piece of bone missing from the right side of the sternum. When inflicted, the cuts probably pierced the man's lungs and heart, killing him quickly, Micciché explained. He added that the angles of the cuts in the bone suggest the man was in a kneeling position when he was killed, and may have been bound, since the cuts were smooth and precise, suggesting he was not able to fight back. In fact, the man's feet were so close together in the grave they may have still been bound when he was buried. To read about a warrior buried in northern Italy who appears to have worn a prosthetic weapon, go to "Late Antique TLC."

<https://www.livescience.com/64788-medieval-sicily-stabbing.html>

2/15/19 - Medieval Wooden Toilet Seat Preserved in London - LONDON,

ENGLAND—*The Guardian* reports that a twelfth-century toilet seat unearthed in the 1980s has been restored and will go on display at the Museum of London Docklands for the first time later this year. The seat, carved with three holes from oak planks, was placed behind a mixed commercial and residential tenement building on what was a small island in the River Fleet, a tributary of the Thames. The building, known as Helle, was owned by a cap maker named John de Flete and his wife, Cassandra. Curator of archaeology Kate Sumnall said the family probably shared the seat with other shopkeepers and families living in the tenement block. "This is a really rare survival," she said. "We don't have many of these in existence at all." The Fleet and many other small rivers and tributaries in London were eventually routed underground as the city grew. Conservator Luisa Duarte said the low-oxygen environment produced by the muddy underground rivers has preserved a wealth of wood and leather artifacts. To read about another recent discovery in London, go to "Die With Your Boots On."

<https://www.theguardian.com/culture/2019/feb/13/helles-toilet-12th-century-three-person-loo-seat-goes-on-display>

2/6/18 - Medieval Sword Discovered on Danish City Street - AALBORG, DENMARK—

The Local reports that a plumber and a machine operator working on a city street site in northern Denmark uncovered a well-preserved, well-made sword. Archaeologist Kenneth Nielsen of the Historical Museum of Northern Jutland said the weapon measures about 43 inches long, weighs just over two pounds, and features a rounded longitudinal groove, which would have reduced its weight. He added that the sword was found on the oldest layer of paving on one of the city's central streets, and that items found there usually date to the 1300s—a period in Danish history that witnessed a series of internal power struggles. Swords like this one are typically found in noble burials, Nielsen said, so he thinks the owner of the sword may have been defeated in battle, and his weapon lost in a layer of mud covering the roadway. To read about a 1,000-year-old sword discovered in Norway, go to "Artifact: Viking Sword." <https://www.thelocal.dk/20190206/danes-pull-medieval-sword-from-ground-in-aalborg-street>



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Genovese Tart

Country: Germany

Century: 16th

1 bunch spinach
1/2 bunch chard leaves
1 quart milk
1/2 c. vinegar
4 oz parmesan cheese
1-2 oz olive oil
pie crust

Heat milk until it reaches about 180 degrees (when small bubbles begin to form). Remove the milk from heat and stir in vinegar. Leave to sit and then strain curds through a cheese cloth. Blanch spinach chard leaves in hot water (put them in just long enough to begin to wilt - about 15-20 seconds. Shred the blanched greens. Mix the greens, cheese curds and parmesan together and put into the pie crust. Sprinkle with olive oil and bake at 350 for about 40 minutes, or until it has set and begins to brown.

*Frozen chopped spinach can be used as an alternative to blanching fresh vegetables.

**Tart is good covered (as the original recipe specifies) or as an open tart.

Original Recipe Sources

Source [*Das Kuchbuch der Sabina Welserin*, V. Armstrong (trans.)]: 30 To make Genovese tart. Take eighteen ounces of chard or spinach, three ounces of grated cheese, two and one half ounces of olive oil and the fresh cheese from six ounces of curdled milk. And blanch the herbs and chop them small and stir it all together and make a good covered tart with it.

With the gracious permission of Lady Avelyn Grene.

Barony Beyond the Mountain



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