
The Chanticleer

Monthly Newsletter of Barony Beyond the Mountain

September, 2016

AS51

Barony Beyond the Mountain Thrown Weapons Championship

October 9, 2016

64 Orchard Street, Vernon, CT

Please join us for an afternoon of food, friends, and pointy implements of destruction hurling through the air. Yes, it is the Thrown Weapons Championship of the Barony Beyond the Mountain. Baron Dorigen and Baroness Eloise invite the good folk of the Barony to join us as, with the guidance of our current Champion, Lord Grimolfr, we select a new Champion of Thrown Weapons. Lord Rumhann and Lady Sisule are opening their home to a pot-luck afternoon, and Lord Grimolfr is designing a competition. Come compete to represent the Barony and baronage! Only a resident of the Barony may stand as Champion, but everyone is welcome to come throw.

Currently, the event will open at 3:00 pm, with the competition beginning at 4:00 pm. The afternoon is pot-luck, please bring a dish to share with an ingredient list. Any adjustments to the event or schedule will be posted on the Baronial email list and FaceBook page.

If you have any questions about the site, the schedule, or the food, please contact Lady Sisule at sisule@gmail.com.

If you have any questions about the completion, please contact Lord Grimolfr at herald@bbm.eastkingdom.org.

If you have any questions about being a Baronial Champion, please contact either of Their Excellencies at baron@bbm.eastkingdom.org or baroness@bbm.eastkingdom.org



Baronial Officers:

Baron & Baroness - Baron Dorigen of Lewes, baron@bbm.eastkingdom.org, and Mistress Eloise of Coulter, baroness@bbm.eastkingdom.org

Seneschal – Mistress Anarra Karlsdottir, Seneschal@bbm.eastkingdom.org

Deputy – Mistress Elizabeth Vynehorn, muirnesue@aol.com & Lady Leandra deLeon, leandrasuz@aol.com

Chatelaine – Lady Gwenllian ferch Llewellyn, chatelaine@bbm.eastkingdom.org

Deputy – Sybill Teller, mpeckham83@gmail.com

Chronicler – Lady Johanna de Glastingburi, chronicler@bbm.eastkingdom.com

Deputy – Lady Emme Attewater, mary@ikeepbees.com

Company Captain of Archers – Rumhann MacDuibhsithe an Bhlog Seolta, archercap@bbm.eastkingdom.org

Exchequer – Lady Ciara McRobbie, exchequer@bbm.eastkingdom.org

Deputy - Lord Gwilym of Fflint, willied0296@yahoo.com

Herald – Lord Grimolfr Skulason, herald@bbm.eastkingdom.org

Deputy - Mistress Camma an Daraich, andaraich@hotmail.com

Knight Marshall - Angus Gove MacKinnon, knightmarshal@bbm.eastkingdom.org

Marshal of Fence – Lord Grimolfr Skulason, Grimolfr.Skulason@gmail.com

Marshal of Thrown Weapons – Michael Christian Longstryde, thrown@bbm.eastkingdom.org

Mistress of Arts & Science – Lady Alys du Bois, moas@bbm.eastkingdom.org

Deputy – Elspeth inghean Armstrong, bethneedles@yahoo.com

Minister of the List – Mark of the Red Hand

Web Minister – Lady Sisule Butler, webminister@bbm.eastkingdom.org

Deputy - Lady Constance Navarre, wolfie603@sbcglobal.com

Youth Marshal - Karrah the Mischievous, youthmarshal@bbm.eastkingdom.org

Canton Seneschal:

Ravenhill – Michael Christian Longstryde,
michael.seneschal@yahoo.com

Baronial Champions:

Archery Champion: Lady Ciara McRobbie

Fencing Champion: Lord Grimolfr Skulason

Heavy Weapons Champion: Lord Mark the Red Hand

Thrown Weapons Champion: Lord Grimolfr Skulason

Meetings:

Baronial: Monday, September 19, 2016, 7:00 – 9:00 p.m., Waterford Public Library, 49 Rope Ferry Road, Waterford, CT. Contact Seneschal Anarra Karlsdottir, t_neill@hotmail

Newcomers Meeting: TBD

Canton:

Ravenhill: Second Monday of the month, at the home of Seneschal Michael Christian Longstryde (Michael Intemann), 28 John Beach Rd, Newtown, CT 06470, 203-270-3670 (Before 9:00 pm), michael.seneschal@yahoo.com.

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Pictures by Baroness Eloise



The Nine Days Wonder, who danced the length and breadth of Pennsic over the course of nine days, every day a different area

Arts & Science

Middle-Eastern Dance

Sundays, 1-4 p.m., Authur Murray Dance Studio, Glen Lochen Marketplace, 39 New London Turnpike, Glastonbury, CT. Contact Mistress Su'ad (Nancy Barrett) at 860-228-6933 (before 10 p.m.); nancysuad@gmail.com.



Future Baroness?

Combat Arts

NOTE: Practices are subject to change without notice. Please call ahead.

Archery

CT: BBM – The former Canton of Fennbrycg archery practice: Practice to Tuesdays at 4:30 indoors for the winter at the Norwich Archery Club; crossbows welcome. Contact Bob Smith to ensure practice is on due to weather or other issues at 860-848-3525. \$5.00 for non-members of the club.

CT: BBM - Bowman's rest: Tuesdays – 5:30 p.m. Burlington, CT - Dorigen & Eloise's at 17 Bittersweet Lane, Burlington. Contact Dorigen at 860-673-2240.

CT: BBM – Woodstock: Practice may still be open by appointment. Crossbows welcome. Contact Krakken at 860-928-0578 or Email: Dean_Whitehead@bose.com.

CT: Dragonship Haven: Thursday from 8pm-10pm at the Keefe Center in Hamden, CT. Closed for the Season
MA: Carolingia - Carlisle MA: Practice is closed until spring.

MA: Carolingia – Carlisle, MA: Sundays from 10 am to 1 pm - Archery practice runs year round, by Master Peter the Red, at his home at 94 Laurelwood Drive, Carlisle, MA. All are welcome and loaner equipment is available. Contact Peter at peter.carmichael@comcast.net or call 978-287-0808.

MA: Smoking Rocks - Trader Jan's: Practice is open Wednesdays 5:30-7:30PM; Friday 6-8PM at 288 Plymouth Ave, Fall River MA. Lane fee is \$8.00. Loaner gear is available. Contact Owen at Owen_Hudleston@yahoo.com

MA: Quintavia - (Worcester County; Central Mass): Practice is closed until spring.

RI: Tobyn's practice: Practice is open by appointment. Website has current information:

www.baronyofthebridge.eastkingdom.org. Contact Tobyn 401-741-9130 or Radagast 401-741-9067.

Fencing

Wednesday, 7-10 p.m. Colchester Federated Church, 60 Main St., Colchester CT 06415

Thursdays, 7:30-10:00 p.m., Keefe Community Center, Hamden, CT (hosted by Barony of Dragonship Haven). Contact the Fencing Marshal (Christophel) @ fence@dragonshiphaven.eastkingdom.org.

Sundays, 1-5 p.m. at Mary Elizabeth McGrath Educational Center, 130 Elm Street, Millbury, MA (hosted by the Shire of Quintavia). Contact Captain Anssem van Rienen, Marshall of Fence, Carolingia, at fence-marshal@carolingia.eastkingdom.org.

Heavy-List Fighting

Tuesdays, 7-10 Middlefield Federated Church, 402 Main Street, Middlefield, CT. Contact: Áine at ainethefearless@gmail.com

Wednesdays, 7-10 p.m. Colchester Federated Church, 60 Main St., Colchester CT 06415. **PLEASE NOTE the 3rd Wednesday of each month is for Youth Combat Practice Only.**

Wednesdays, 7 p.m., Barony of Bergental at Bethesda Lutheran Church, 455 Island Pond Rd., Springfield, MA. Contact Cedric of Armoriga, Knight Marshall of Barony of Bergental for more information.

Thursdays, 8-10 p.m., Keefe Community Center, Hamden, CT, hosted by Barony of Dragonship Haven). Contact Baron Oskgar of the Wood (Stephen Straut-Esden); oskgar@earthlink.net. **Fridays, 7:30-9:30 p.m.,** Wyman Elementary School, 1 Columbia Ave., Warwick, RI. Directions and contacts on BBM website.

Thrown Weapons Practice

Tuesdays from 6 p.m.-8 p.m., weather permitting In the Canton of Ravenhill, 28 John Beach Rd Newtown, CT. Contact Michael Longstryder (Michael Intemann) thrownweapons@ymail.com 203-270-3670 (no later than 8:30 p.m.)

Youth Fighter Practice

Tuesdays, 6:30 pm-8:00 pm at Middlefield Federated Church, 402 Main Street, Middlefield, CT. Contact Áine at ainethefearless@gmail.com

3rd Wednesday of each month, 7-10 p.m. Colchester Federated Church, 60 Main St., Colchester CT 06415.

Thursdays, 7-8 p.m. at the Keefe Center in Hamden, CT (hosted by Barony of Dragonship Haven). Contact the Youth Fighter Marshal (Taoisech Holt Kincaid) for more information at youth@dragonshiphaven.eastkingdom.org. Those who are new or need loaner gear should arrive a little early and a marshal will be there assist them. Please bring your own personal protection (athletic cup) and water bottles.



A Message from our Baroness:



Welcome to September: the realm of back-to-school and hopefully the beginning of the lovely fall temperatures. Hopefully everyone has recovered from Pennsic, and is ready to get back into the local swing of things.

There are a few items of local interest. All the local practices have started back up. Tuesdays bring archery practice in Burlington every week that the weather permits, from 5:30 pm until the archers wear out. "But it's getting dark earlier, and you have all those trees" I hear you cry. No worries. We have lights. Tuesday also bring two practices in Middlefield. The heavy list practice runs every week from 7:30 pm until 10:00 pm. Also, our current King's Champion Lord Gelleys Jaffery is there every other week to teach. A new addition since Pennsic at Middlefield is the Youth Combat practice every Tuesday from 6:30 pm-7:30 pm. Lady Aine runs the youth program there, and is currently getting everyone armored up – and if the kids want to run a little longer, there's a plan for that. It's a great time to get in on the ground floor, because lots of the kids are new. But fear not, the fun doesn't stop at 10:00 pm on Tuesday – most Wednesdays have a fencing practice in Colchester from 7:00 pm - 9:00 pm, with Lord Grimolfr welcoming any and all who wish to learn the arts of defense. Colchester can also offer heavy list if there is a marshal available and present. Please note that the Wednesday practice requests a donation to pay for the site. All of the practices are sometimes cancelled due to weather or site unavailability, so be sure to check the calendar on the front page of the Baronial website. The Webminister and I keep that page updated with everything of which we have been notified.

Pennsic gave us a new Baronial Heavy Weapons Champion, in the able person of Lord Mark the Red Hand. Congratulations to Lord Mark, and many thanks to Mistress Shiro for coming up with an inventive and interesting tourney for the championship. I encourage everyone to look at this example and come up with "out of the box" ideas for all of the champions' tourneys. This one was

fun, and I regret that I was too sick to be more involved. Next year for sure!

The Champion news does not end there, though. October will host the turnover of our Thrown Weapons Champion. While our heavy weapons competitors quested through the Pennsic War for victory, our thrown weapons competitors understand the value of a leisurely afternoon with friends... and knives... and axes... and food. Who has the better idea? We'll leave that to posterity to decide. But I encourage everyone to join us on October 9th at the home and in the back yard of Lord Rumhann and Lady Sisule in the town of Vernon for a pot-luck afternoon of food, friends, and implements of destruction hurling through the air. I have not inquired of Lord Grimolfr where the buffet table will be in relation to the flying implements of annihilation, but I have faith in his sense of the appropriate. In the theme of the heavy weapons community convincing me that I should try new things, I intend to try this out. Sadly, I throw like the proverbial girl, but perhaps they will be kind and let me stand closer. Come watch the show – there is more information elsewhere in the newsletter.

But wait – there's more (What? I have a lot to talk about this month.) **The weekend of October 15/16 Roman Joe will be hosting a Baronial pot-luck ice cream social/barbeque at his home in Plainville, which will be a perfect opportunity to meet our candidates for Baronial Seneschal: Lady Alys and Drusus (Roman Joe himself!)**

Come, be social, and give the candidates a poke and a prod, ask them awkward questions, and don't forget to attend the October meeting to vote for one of them. Just one. Sorry. Look for details of time and place on the website and the email list as we get closer.

And as you contemplate your vote for Seneschal, contemplate the other offices as well. Lady Johanna has been asking for a deputy for this very newsletter. Sadly, like her predecessor, she does not wish to be our Chronicler forever and ever. There are also a plethora of other offices – take a moment to think if one of them interests you. An officer doesn't need to step down for you to help out. If something appeals to you, ask that officer if you can help out. Consider becoming a deputy if that work speaks to you. Many hands make light work. There are many hands in this Barony: let's all work to lighten the load for those people who make the fun possible for the rest of us.

~ Eloise

Archaeology News

<http://www.archaeology.org/news/>

8/30/16 - MEDIEVAL CASTLE FOUNDATIONS UNEARTHED IN SCOTLAND - DUN, SCOTLAND—

Teenaged students have assisted with the excavation of what could be a fourteenth-century castle in eastern Scotland, according to a report in the Brechin Advertiser. The volunteers were helping The National Trust for Scotland repair a mausoleum at the historic eighteenth-century estate known as the House of Dun when they uncovered the foundations of a medieval chapel and the nearby castle. The mausoleum is thought to have originally part of the fourteenth-century chapel. Researchers believe the castle was built in the defensive form of a tower house that was surrounded by a curtain wall and other buildings. Damaged during the Civil War of 1644, the castle was eventually replaced with the Georgian house that now stands on the property. "This discovery of the site of the Castle of Dun is one more piece in the jigsaw that is the House of Dun estate," said archaeologist Daniel Rhodes. To read about excavations at another castle in Britain, go to "Letter From England: Stronghold of the Kings in the North." <http://www.brechinadvertiser.co.uk/news/local-headlines/lost-medieval-castle-discovered-at-house-of-dun-1-4216723>

8/29/16 - 12TH-CENTURY COIN CACHE

UNEARTHED IN AZERBAIJAN - JALILABAD, AZERBAIJAN—A jar containing a collection of 273 copper coins has been discovered in southern Azerbaijan. Azernews reports that the coins were cleaned and studied by a team from the Institute of Archaeology and Ethnography at the Azerbaijan National Academy of Sciences, including chemist Rauf Guliyev and archaeologist Ali Rajabli. Inscriptions on the twelfth-century coins indicate that they were minted during the rule of Arslan Shah, a Seljuk sultan of the Eldiguzids dynasty. To read about an Islamic coins discovered in a Viking shield, go to "Viking Trading or Raiding?" <http://www.azernews.az/culture/101501.html>

8/9/16 - FOUR MEDIEVAL SKELETONS FOUND IN IRELAND - KILKENNY, IRELAND—

Four well-preserved skeletons dating to the medieval period were found just 14 inches below the surface in the graveyard at St. Mary's Church. The site is the home of the Medieval Mile Museum, in an area designated for a service trench. The skeletons are thought to represent a woman around the age of 25; a woman in her teens or early 20s, who had a

damaged spine and one leg that was shorter than the other; and two children around eight years old, one of whom probably had a severe iron deficiency. "The four skeletons can be dated to circa A.D. 1250-1350 based on pottery found in their graves, meaning they are of the first few generations of Anglo-Norman colonists in Kilkenny," C  il  n    Drisceoil of Kilkenny Archaeology said in a UTV Ireland report. He explained that the location of the burials and the lack of coffins suggests that they were poor people. The excavators found green stains on the bones that may have been left by copper-alloy shroud pins. The remains will be removed for further study, but may eventually be returned to St. Mary's for burial. To read about another skeleton found in Ireland, go to "Irish Roots." <http://utv.ie/News/2016/08/09/Four-medieval-skeletons-found-in-Kilkenny-62044>

8/9/16 - AMBLING HORSES MAY HAVE ORIGINATED IN MEDIEVAL ENGLAND -

BERLIN, GERMANY—Arne Ludwig of the Leibniz Institute for Zoo and Wildlife Research led an international team of researchers in a genetic study of gaited horses. All horses can walk, trot, canter, and gallop, but certain breeds of horse have a mutation on a single gene that produces a smooth, four-beat gait known as the amble. The team analyzed DNA samples from 90 horses that lived between 6000 B.C. and A.D. 1000. They found the mutation in samples from two horses whose remains, unearthed in England, date to between A.D. 850 and 900, and in ten out of 13 samples from horse remains unearthed in Iceland. These horses lived between the ninth and eleventh centuries. None of the samples from mainland Europe carried the mutation that produces the amble. "As far as we know today, ambling horses originated in early medieval England and spread around Eurasia within a few centuries," Ludwig told The Guardian. He suggests that the Vikings may have transported their comfortable mounts from England to Iceland, where they were bred for the trait. For more, go to "The Story of the Horse." <https://www.theguardian.com/science/2016/aug/08/viking-traders-took-easy-to-ride-horses-around-the-world-dna-suggests>

8/3/16 - WALLS AT TINTAGEL CASTLE MAY DATE TO THE SIXTH CENTURY - CORNWALL, ENGLAND—The Cornwall Archaeological Unit and English Heritage have unearthed thick stone walls that may date to the sixth century in previously unexcavated terrace areas near the thirteenth-century site of Tintagel Castle. Geophysical surveys of this area suggested that two rooms sit below the surface. The excavation team has also recovered fragments of imported pottery and glass,

suggesting that the sixth-century residents of the site were wealthy. Among their belongings, archaeologists have found late Roman amphoras and fine red-slip tableware imported from western Turkey. "The discovery of high-status buildings—potentially a royal palace complex—at Tintagel is transforming our understanding of the site," Win Scutt of English Heritage told *The Telegraph*. To read about excavations of another castle, go to "[Letter from England: Stronghold of the Kings in the North](#)."

<http://www.telegraph.co.uk/news/2016/08/03/royal-palace-discovered-in-area-believed-to-be-birthplace-of-kin/>

8/1/16 - THE SEARCH FOR JOAN OF ARC'S

HAIR - FOGGIA, ITALY—Italian researchers suggest that Joan of Arc's visions may have been caused by a form of epilepsy, according to a report in *Live Science*. Epileptic seizures occur when electrical signals in the brain misfire, and can result in muscle movements or confusion, or cause the subject to hear voices. Guiseppe d'Orsi of the University of Foggia and Paola Tinuper of the University of Bologna examined documentation of the fifteenth-century trial in which Joan was accused of heresy and witchcraft. Joan reported hearing voices and seeing Christian saints, which d'Orsi and Tinuper say are symptoms of idiopathic partial epilepsy with auditory features. This type of epilepsy may be inherited and has been linked to certain genes. D'Orsi and Tinuper have been looking for letters written by Joan of Arc, which she reportedly sealed with red wax, a fingerprint, and a hair, which they would like to test for these particular genes. So far, they haven't found any surviving examples. For more, go to "[France's Roman Heritage](#)."

<http://www.livescience.com/55597-joan-of-arc-voices-epilepsy.html>



To Bake A Mallard

This mallard pie has a wonderful combination of spices, tartness, and duck meat flavor and has received rave reviews.

Country: England

Century: 16th

1 duck (2-3 lbs.), de-boned and cut into pieces

3-4 medium onions

1/4 cup verjuice*

1/4 tsp. pepper

1/4 tsp. salt

1/8 tsp. cloves

1/8 tsp. mace

1/4 tsp. thyme

2 Tbsp. butter

1 tsp. chopped parsley

Grind onions with a mortar and pestle (or in a food processor), add verjuice, and strain out the solids, reserving the liquid.

In a large bowl, mix duck, salt, pepper, cloves, mace, and the onion/verjuice liquid. Place mixture into pie crust and sprinkle with parsley and thyme. Cover with top crust and bake at 350F for about an hour, or until done (165F).

*Verjuice is a difficult item to find in most parts of the U.S. A good substitute is a cup of white wine mixed with a tablespoon of lemon juice.

Original Recipe sources

Source [[The Good Housewife's Jewell](#), T. Dawson]: To bake a Mallard. Take three or foure Onyons, and stampe them in a mortar, then straine them with a saucer full of vergice, then take your mallard and put him into the iuyce of the sayde onyons, and season him with pepper, and salte, cloves and mace, then put your Mallard into the coffin with the saide juyce of the onyons, and a good quantity of Winter-savorye, a little tyme, and perselye chopped small, and sweete Butter, so close it up and bake it.

With the gracious permission of Lady Avelyn Grene. Check out her website at: <http://www.greneboke.com> and her blog at: <http://greneboke.blogspot.com>

*Congratulations to:
Grimolfr Skulason,
who received the
Silver Wheel
at Pennsic
and our new Baronial
Heavy Weapons
Champion,
Lord Mark the Red Hand*



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Jane Brezzo
146 Prospect Street
Glastonbury, CT 06033
