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# *The Chanticleer*

## *Monthly Newsletter of Barony Beyond the Mountain*

*January 2018*

*AS52*

### *Help Wanted!*

There are three baronial offices that need to be filled:

**Seneschal**

**Chatelaine**

**Marshal of Fence**

If you are interested in any of the above positions or wish to be a deputy,  
please send an email to:

[Seneschal@bbm.eastkingdom.org](mailto:Seneschal@bbm.eastkingdom.org)

and to their Excellencies at:

[baron@bbm.eastkingdom.org](mailto:baron@bbm.eastkingdom.org) and

[baroness@bbm.eastkingdom.org](mailto:baroness@bbm.eastkingdom.org)

with your intent.





## *Baronial Officers:*

**Baron & Baroness** - Baron Dorigen of Lewes, [baron@bbm.eastkingdom.org](mailto:baron@bbm.eastkingdom.org), and Mistress Eloise of Coulter, [baroness@bbm.eastkingdom.org](mailto:baroness@bbm.eastkingdom.org)

**Seneschal** – Mistress Elizabeth Vynehorn, [Seneschal@bbm.eastkingdom.org](mailto:Seneschal@bbm.eastkingdom.org)

**Deputy** - Lady Leandra deLeon, [leandrasuz@aol.com](mailto:leandrasuz@aol.com)

**Chatelaine** – Lady Gwenllian ferch Llewellyn, [chatelaine@bbm.eastkingdom.org](mailto:chatelaine@bbm.eastkingdom.org)

**Deputy** – Sybill Teller, [mpeckham83@gmail.com](mailto:mpeckham83@gmail.com)

**Chronicler** – Lady Johanna de Glastingburi, [chronicler@bbm.eastkingdom.com](mailto:chronicler@bbm.eastkingdom.com)

**Company Captain of Archers** – Rumhann MacDuibhsithe an Bhlog Seolta, [archercap@bbm.eastkingdom.org](mailto:archercap@bbm.eastkingdom.org)

**Exchequer** – Lady Ciara McRobbie, [exchequer@bbm.eastkingdom.org](mailto:exchequer@bbm.eastkingdom.org)

**Deputy** - Lord Gwilym of Fflint, [willied0296@yahoo.com](mailto:willied0296@yahoo.com)

**Herald** – Mistress Camma an Daraich, [herald@bbm.eastkingdom.org](mailto:herald@bbm.eastkingdom.org)

**Knight Marshall** – Lord Angus Gove MacKinnon, [knightmarshal@bbm.eastkingdom.org](mailto:knightmarshal@bbm.eastkingdom.org)

**Marshal of Fence** – Lord Grimolfr Skulason, [rapier@bbm.eastkingdom.org](mailto:rapier@bbm.eastkingdom.org)

**Marshal of Thrown Weapons** – Vacant

**Mistress of Arts & Science** – Lady Aurelia & Becky, [moas@bbm.eastkingdom.org](mailto:moas@bbm.eastkingdom.org)

**Minister of the List** – Lord Mark of the Red Hand, [mol@bbm.eastkingdom.org](mailto:mol@bbm.eastkingdom.org)

**Web Minister** – Lady Sisule Butler, [webminister@bbm.eastkingdom.org](mailto:webminister@bbm.eastkingdom.org)

**Youth Marshal** - Vacant

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# Combat Arts

**NOTE: Practices are subject to change without notice. Please call ahead.**

## Archery

**CT: BBM** – By appointment Sundays, 3-5 at the Norwich Archery Club. Contact Siobhan 860-859-2773.

**CT: BBM** - Tuesdays – 5:30 p.m. Burlington, CT - Dorigen & Eloise's at 17 Bittersweet Lane, Burlington, CT. Contact Dorigen at 860-673-2240.

**CT: Dragonship Haven:** Sundays 12-3 pm (in season, weather permitting) Oxford, CT. DragonshipHaven@yahoogroups.com

**MA: Carolingia – Carlisle, MA: Sundays** from 10 am to 1 pm - Archery practice runs year round, by Master Peter the Red, at his *home* at 94 Laurelwood Drive, Carlisle, MA. All are welcome and loaner equipment is available. Contact Peter at peter.carmichael@comcast.net or call 978-287-0808.

**MA: Quintavia - (Worcester County; Central Mass): Sunday from 1-3 pm** weather permitting. Rozi and Brokk's, 472 Gleasondale Road, Stow, MA.

**MA: Smoking Rocks** - Wednesdays 5:30-7:30 pm and Fridays 6-8 pm – Trader Jan's, 288 Plymouth Avenue, Fall River, MA. Lane fee is \$8. Loaner gear is available.

**RI: Tobyn's practice:** Practice is open by appointment. Website has current information: [www.baronyofthebridge.eastkingdom.org](http://www.baronyofthebridge.eastkingdom.org). Contact Tobyn 401-741-9130 or Radagast 401-741-9067.

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## Fencing

**Mondays**, 7-9 p.m. at Mary Elizabeth McGrath Educational Center, 130 Elm Street, Millbury, MA (Quintavia).

**Thursdays**, 7:30-10:00 p.m., Keefe Community Center, Hamden, CT (hosted by Barony of Dragonship Haven). Contact the Fencing Marshal (Christophel) @ [fence@dragonshiphaven.eastkingdom.org](mailto:fence@dragonshiphaven.eastkingdom.org).

## Heavy-List Fighting

**Tuesdays**, 7-10 pm, Middlefield Federated Church, 402 Main Street, Middlefield, CT. Contact: Áine at [ainethefearless@gmail.com](mailto:ainethefearless@gmail.com)

**Wednesdays**, 7 pm, Barony of Bergental at Bethesda Lutheran Church, 455 Island Pond Rd., Springfield, MA. Contact Knight Marshall of Barony of Bergental for more information.

**Thursdays, 8-10 p.m., Keefe Community Center**, Hamden, CT, hosted by Barony of Dragonship Haven). Contact the marshal at [heavy@dragonshiphaven.eastkingdom.org](mailto:heavy@dragonshiphaven.eastkingdom.org).

## Thrown Weapons Practice

**1st & 3rd Sunday**, 64 Orchard St, Vernon, CT. Contact [sisuile@gmail.com](mailto:sisuile@gmail.com) for times.

**Saturdays**, 9-12 Aschehyrst, 258 Edgell Rd, Framingham, MA. Contact Symon of Barnesdale, [thrown-weapons-marshal@carolingia.eastkingdom.org](mailto:thrown-weapons-marshal@carolingia.eastkingdom.org)

## Youth Fighter Practice

**Tuesdays**, 6:30 pm – 8:00 pm at Middlefield Federated Church, 402 Main Street, Middlefield, CT. *This practice is currently in abeyance and planning to restart in January. Please contact Aine at [ainethefealeass@gmail.com](mailto:ainethefealeass@gmail.com) for more details.*

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## Baronial Champions:

**Archery Champion:** Jonathan Buchanon

**Fencing Champion:** Sir Arnwult Aethelreding

**Heavy Weapons Champion:** Lord Gwilym of Fflint

**Thrown Weapons Champion:** Lord Rumhann MacDuibhsithe an Bhlog Seolta

## Meetings:

**Baronial:** Next meeting is January 22, 2018  
7 p.m. - 8:45 p.m. at the New Britain Public Library,  
20 High Street, New Britain, CT. Contact Mistress  
Elizabeth Vynehorn,  
[Seneschal@bbm.eastkingdom.org](mailto:Seneschal@bbm.eastkingdom.org)

## Arts & Science

### Middle-Eastern Dance

Sundays, 1-4 p.m., Authur Murray Dance Studio,  
Glen Lochen Marketplace, 39 New London  
Turnpike, Glastonbury, CT. Contact Mistress Su'ad  
(Nancy Barrett) at 860-228-6933 (before 10 p.m.);  
[nancysuad@gmail.com](mailto:nancysuad@gmail.com).

### Dance

First Tuesday of month – 7:30-9:30 pm - Camelot  
Co-Housing 46 Sawyer Hill Rd. Berlin, MA  
(Quintavia)

### Sewing

Sewing & Throwing is the 3rd Sunday, bring  
your string based projects, hang out, throw  
sharp objects at wood. 64 Orchard St, Vernon,  
CT Contact [sisuile@gmail.com](mailto:sisuile@gmail.com) for times.

## Archaeology News

<http://www.archaeology.org/news/>

### 12/29/17 - TUDOR-ERA BLOCKHOUSE UNEARTHED IN YORKSHIRE - HULL,

**ENGLAND**—*BBC News* reports that a blockhouse  
commissioned by Henry VIII has been excavated  
by a team led by Ken Steedman of Humber Field  
Archaeology. The structure was part of a system of  
three forts linked by a curtain wall to protect the city  
of Hull and its port. Guns and ammunition were  
stored in the blockhouse. The researchers  
uncovered the original floor surface, which dates to  
the 1540s, and the remains of three-foot-tall walls.  
Fragments of materials taken from monasteries  
dissolved by the king between 1536 and 1540 were  
found in the walls, along with intact gun ports. The  
blockhouse was demolished in 1864, but materials  
from the upper floor were dumped onto the original  
floor to raise the level of the ground, thus protecting  
some of the sixteenth-century structure. "It proved  
that what we have is a bit of a gem," Steedman  
said. To read more about Tudor-era archaeology,  
go to "Henry VIII's Favorite Palace."  
<http://www.bbc.com/news/uk-england-humber-42414850>

### 12/27/17 - THOUSANDS OF STAINED GLASS SHARDS FOUND AT WESTMINSTER ABBEY - LONDON, ENGLAND

—Researchers led by  
archaeologist Warwick Rodwell have sifted through  
layers of dust and soot up to five feet deep in the  
cone-shaped pits on the upper sides of  
Westminster Abbey's vaulted ceiling, according to a  
report in *The Guardian*. The debris accumulated for  
a period of 750 years, and large objects were  
sealed under the floors added to the space by Sir  
Christopher Wren some 300 years ago. The team  
members recovered buttons, coins, animal bones  
from workers' lunches, a seventeenth-century  
tobacco wrapper, a medieval leather knife sheath, a  
fifteenth-century wood and leather overshoe, and  
invitations to the coronation of Queen Anne in  
1702. They also found 30,000 fragments of stained  
glass dating back to the thirteenth century. The  
pieces of glass, which bear images of stars,  
flowers, sun rays, animals, and faces, were  
cleaned, sorted, and photographed at the stained  
glass studio at Canterbury Cathedral, where they  
are also being reassembled when possible, and  
prepared for display in slotted glass panels. "It has  
been the best jigsaw puzzle in the world," said  
researcher Laura Atkinson. The attic space at  
Westminster Abbey will be transformed into a

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museum space accessed through a new tower, where the panels will be installed as windows. For more on archaeology at Westminster Abbey, go to "Built upon Bones."

<https://www.theguardian.com/science/2017/dec/27/westminster-abbey-attics-archaeologists-treasure-trove-stained-glass>

#### **12/20/17 - 16TH-CENTURY TURKEY BONES IDENTIFIED IN SOUTHWESTERN ENGLAND - EXETER, ENGLAND**

Zooarchaeologist Alan Outram and colleagues at the University of Exeter say they have found the butchered bones of what may have been one of the first turkeys to arrive in England from the Americas. According to a report in *The Plymouth Herald*, the two leg bones and one wing bone were recovered from a construction site in Exeter in 1983, but were not identified at the time as turkey bones. The researchers dated the turkey remains to between 1520 and 1550 based on the pottery found lying beside the bones. Some of pottery had been imported from Spain, Germany, and Italy. The remains of a calf, chickens, sheep, and at least one goose were also found. Historical records indicate that William Strickland, a member of Parliament who traveled to the Americas, brought six of the birds back to southwestern England in 1524 or 1526. The first birds were likely kept by the elite as a display of wealth, but they became a popular meal by the 1570s, and were eventually driven to London like cattle in the seventeenth century. To read about the development of the modern chicken, go to "Fast Food."

<http://www.plymouthherald.co.uk/news/local-news/leftovers-one-first-turkey-dinners-951302>

#### **12/19/17 - MEDIEVAL COLLEGE BUILDINGS VIRTUALLY RE-CREATED - ST. ANDREWS, SCOTLAND**

Historic buildings at the University of St. Andrews that date to 1450 have been digitally recreated to appear as they did some five centuries ago, according to a report in *The Scotsman*. The recreation has been timed to mark the 500th anniversary of the Protestant Reformation. St Salvator's Quad and Chapel were selected for representation in the first phase of the project because Patrick Hamilton, a theologian, was burned at the stake there in 1528 for supporting the ideas of Christian reformer Martin Luther. Yet in 1559, St. Andrews town officials officially rejected Catholicism and transformed local religious buildings to reflect the change in theology. The medieval college buildings were altered again in the eighteenth and nineteenth centuries. To read about a recent discovery in Scotland, go to "Fit for a Saint."

<https://www.scotsman.com/lifestyle/medieval-st->

[andrews-brought-to-life-in-virtual-recreation-1-4643142](#)

#### **12/12/17 - MEDIEVAL GRAVE EXCAVATED IN SOUTHERN BULGARIA - PLOVDIV, BULGARIA**

*Archaeology in Bulgaria* reports that researchers led by Maya Martinova of the Plovdiv Museum of Archaeology found an arrow in the chest area of a skeleton dating to the eleventh or twelfth century A.D. at the site of the Antiquity Odeon, which was used by the ancient Greeks and Romans for theatrical performances. The site was used as a cemetery during the medieval period, when the city of Plovdiv changed hands between the Bulgarian Empire and the Byzantine Empire several times. Archaeologists do not know if the arrow killed the person in the grave, or if it was placed there as a funeral gift for a warrior.

Scientists from Plovdiv Medical University will try to help answer that question. The researchers will also try to determine the person's age, gender, and health status at the time of death. The excavation is being conducted prior to the conservation and renovation of the city's archaeological park. For more on archaeology in Bulgaria, go to "Thracian Treasure Chest."

<http://archaeologyinbulgaria.com/2017/12/08/archaeologists-find-medieval-grave-skeleton-arrow-chest-antiquity-odeon-bulgarias-plovdiv/>

#### **12/6/17 - CHRISTIAN RELIC OF SAINT NICHOLAS RADIOCARBON DATED - OXFORD, ENGLAND**

According to a *BBC News* report, Oxford University scientists have radiocarbon dated a relic attributed to Saint Nicholas, the fourth-century Christian Bishop of Myra. Saint Nicholas died in what is now Turkey, where his remains are thought to have been revered for centuries. Then, Italian merchants are said to have carried off his bones in the eleventh century, and deposited them in churches in Bari and Venice. The bone that was tested came from a collection of relics that has been held in the United States. Hundreds of bone fragments around the world have been labeled as belonging to the popular saint, and tests of Christian relics usually reveal them to be younger than thought. But the researchers say this piece of hip bone, revered as belonging to Saint Nicholas, has been radiocarbon dated to the fourth century A.D. Georges Kazan of the Oxford Relics Cluster plans to compare the dated bone to the remains held in Bari and Venice to see if they might have come from the same individual. For more, go to "The Church that Transformed Norway."

<http://www.bbc.com/news/education-42239197>

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## 12/5/17 - WHETSTONE UNEARTHED IN NORWAY BEARS RUNIC INSCRIPTION

**OSLO, NORWAY**—*Live Science* reports that Viking runes have been found engraved on a whetstone unearthed in Oslo. According to archaeologists from the Norwegian Institute for Cultural Heritage Research (NIKU), the stone was used to sharpen knives in the Middle Ages, some 1,000 years ago. Runes were used as symbols to represent letters or signs, and may even have been used to cast spells, but it is not known how many people were capable of reading or writing them. The runes carved on the whetstone may have been intended to spell a person's name, or the words "scared," "ugly," or "pain." Researcher Karen Holmqvist said the quality of the writing on the whetstone is poor, and it may have been engraved by someone who was learning to spell. To read more, go to "The First Vikings."

<https://www.livescience.com/61100-mysterious-rune-stone-norway.html>

## 12/1/17 - MEDIEVAL ROAD UNCOVERED IN SOUTHERN ENGLAND - OXFORD, ENGLAND—

*BBC News* reports that a stone road dating to the medieval period was found in southern England during work to alleviate flooding problems. The road was made from rounded river pebbles, limestone, and chalk. Ruts made by wheels have been found on some of the stones. Horseshoes have also been found among the cobbles. Scientists will examine the horseshoes with X-rays in order to date them. The excavation team members also uncovered evidence of roundhouses, pottery, and animal bones dating to the Bronze and Iron Ages. For more on the medieval period, go to "Letter from England: Writing on the Church Wall." <http://www.bbc.com/news/uk-england-oxfordshire-42169973>

## 12/1/17 - MEDIEVAL ARTIFACTS DISCOVERED IN ENGLISH MARKET TOWN - NEWCASTLE, ENGLAND—

A medieval garbage pit in Newcastle city center has yielded leather, green-glazed pottery, and animal bone, according to a *Chronicle Live* report. The waterlogged artifacts are thought to date to the twelfth century, when the area was known for its markets. "Particularly interesting finds here were several examples of animal horn neatly cut, presumably for reuse as handles or another function," said archaeologist Richard Carlton of the Archaeological Practice. The excavation also uncovered a medieval woven wood fence and traces of a dwelling facing the modern street. A pit with layers of burned deposits found inside the building is thought to have been used as an oven. For more, go to "The Curse of a Medieval English Well." [\[east-news/ancient-newcastle-city-centre-rubbish-13979885\]\(http://east-news/ancient-newcastle-city-centre-rubbish-13979885\)](http://www.chroniclelive.co.uk/news/north-</a></p></div><div data-bbox=)



## Traquair House Double Twist Border

From Lady Carllein's embroidery blog:

<https://carlemblog.wordpress.com/2017/09/07/traquair-house-double-twist-border/>

Below is a chart of the Traquair House double twist border. This is a hidden treasure, one of the wonderful extant embroideries that have never been well photographed in any source.

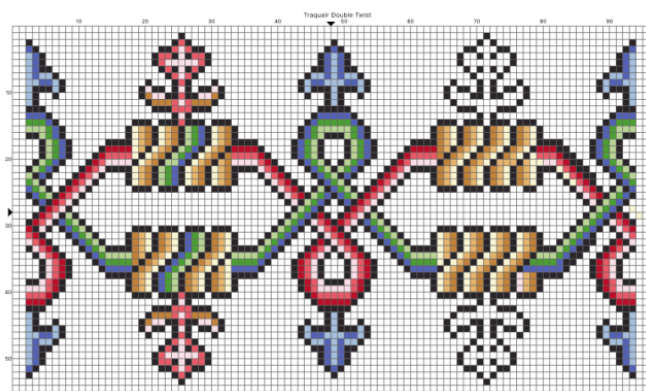
Charting this embroidery was made possible through the kindness of a stranger.

The unusual border was stitched at the Traquair House, built in 12th century Scotland, and although the border was made the 16th century, it was never used. The several yards of silk-on-linen cross stitch now wrapped around a column for display. When I emailed Traquair House, asking if there were any books with photos of the border large enough for me to use them to chart, Sarah Macdonald wrote back and then took phone pictures for me. Much appreciated!

[Link to Traquair Double Twist pdf in color.](#)

[Link to Traquair Double Twist pdf in black & white.](#)

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The original is close to 13 stitches to the inch, so the embroidery is about 4 inches high. It is in unusually good condition since it was never attached, for example, to the edge of a bed curtain, where light would have caused deterioration of the silk, usually starting with the black. The “repeats” vary from one to the next, which is common in pre-17th c. needlework. The colors used are close to the following DMC shades: White is DMC Blanc; cream

DMC 739; black DMC 310; greens DMC 520 & 3364; blues DMC 336, 796, & 3755; browns DMC 610 & 869; red DMC 902; and pinks DMC 225 & 3326.

It is impossible to know whether Mary, Queen of Scots saw this border when she visited Traquair House, but she is linked to a similar border which survives only as a fragment at Hardwick House in England. That fragment alternates M and S shapes and has been thought to be her work for that reason. It appears in a chart by Dorothy M. Sim on page 96 of *The Needlework of Mary, Queen of Scots* by Margaret Swain (Ruth Bean Publishers, 1986, ISBN 0 903585 22 7). The similarity between the two borders is impressive.



## Shrimp

This easy dip-like shrimp recipe is excellent on its own, or could be eaten on bread.

**Country:** Italy  
**Century:** 16th

1 lb shrimp  
3 Tbsp butter  
1/2 cup fish/shrimp broth\*

2 oz golden raisins

2 egg yolks, beaten

Clean (be sure to also remove the tail) and cook (thawed) shrimp in water. Strain the shrimp (saving the water for the next step) and put into a deep pan. (You can skip this step by purchasing cooked shrimp). Chop the shrimp very small (almost minced). Fry shrimp in butter.

**Original Recipe Sources**

When shrimp is nicely fried, add raisins and broth. Cook on low heat until raisins plump. Be sure not to let the broth completely evaporate, there should always be liquid in the pan. When the raisins have plumped, remove from heat and add egg yolks. Stir continuously until the yolks are completely incorporated, but do not let them cook on the pan. The heat from the shrimp will be enough to cook the yolks, and the pottage will thicken as it cools.

\*Fish/shrimp broth is easily made. If cooking raw shrimp in water, simply strain and use the water as the fish/shrimp broth. If using precooked shrimp, you can preheat them in hot water on medium heat to make your broth, being sure to strain the broth before using it. Broth can also be made by boiling the shells of the shrimp, if you opted to shell them yourself.

**Original Recipe Sources**

Source [Opera dell'arte del cucinare, Bartolomeo Scappi]: Per far minestra di polpe delli sudetti gambari cap 172 Terzo libro, Scappi La locusta sara sempre migliore de gli altri due gambari. Et piglinosi d'essa le polpe dapoi che son cotte in vin, o in acqua, & battinosi minute con li coltelli, e dapoi che saranno battute faccianosi soffriggere con oglio, o con butiro, giungendovi un poco di brodo d'altro pesce, & nella prima vera pongavisi uva spina, l'Estade agresto intiero, & il Verno uva passa, & come saranno bollite per un quarto d'hora, s'incorporino con rossi d'uova, nel modo che si fa alle minestre di carne battuta, & in giorno di vigilia in loco dell'uovo ponganovisi amandole peste, o pan grattato. In questo medesimo modo si potranno incorporare tutti li sopradetti pottaggi.

[Opera dell'arte del cucinare, Louis Smithson (trans.)]: To make a dish of the flesh of the said shrimp, chapter 172, third book, Scappi. The Scampi are always better than the other two types of shrimp. And take from these the flesh after they are cooked in wine or water, and chop them finely with a knife, and after they are chopped fry them with oil or with butter, adding a little fish broth, and in Spring add gooseberries, in summer whole sour grapes, and in winter dried raisins. And when they are cooked for a quarter of an hour one thickens with egg yolks, in the same way one does for chopped meat dishes, and in a vigil day in place of eggs one can add ground almonds or bread crumbs. In this same way one can thicken all the above mentioned pottages.

With the gracious permission of Lady Avelyn Grene. Check out her website at: <http://www.grebok.com> and her blog at: <http://greboka.blogspot.com>.



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***Congratulations**  
to the following Gentles  
who received awards at Yule:*

***Charlotte – Tyger's Cub***

***Adisa Grimolfsdottir – Award  
of Arms***

***John Buchanan – Apollo's  
Arrow and Award of Arms***



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Jane Brezzo  
146 Prospect Street  
Glastonbury, CT 06033